Stonebrooke Family Physicians
Blood Pressure Log

	MORNING					EVENING				
DATE	TIME		Systolic BP	Diastolic BP	COMMENTS	TIME		Systolic BP	Diastolic BP	COMMENTS
		#1					#1			
		#2					#2			
		#1					#1			
		#2					#2			
		#1					#1			
		#2					#2			
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		#2					#2			
		#1					#1			
		#2					#2			
		#1					#1			
		#2					#2			
Average						**Average**				